Potential Energy Notes

Complete, cut out, and glue/tape into your Science Notebook

Potential Energy Notes

Date: ____________________

Potential energy is the energy stored in an object (the ability it has to do something later).

The 2 kinds of potential energy are gravitational and elastic.

The formula for Gravitational Potential Energy is PE = weight x height OR

PE = mass x 9.8 x height.

Energy (potential and kinetic) is measured in Joules (J).